

From Pain to Sweetness



We eat honey on Rosh Hashana to teach us that the pain (from the stings) of the past will become the sweetness of the future.



According to Sefer Tomer Devora, Keter encompasses the midos of Humility (anava) and Tolerance.



May we never stop thinking good thoughts



May our metzach / forehead not contain any harshness... May we transform our thoughts to pleasantness and positivity - Daas Elyon



May our ears only listen to only good things... May our our listening be refined to Higher Listening (Azana Elyona)



May our vision be transformed to Higher Sight (Ayin Tov)



May our Pain be transformed to Sweetness



May our Darkness be transformed to Light

Ratzo V'Shav



Crowning H' King / Ratz.



Confessing our raw natural emotions with our gift of dibur. (vidui)



*Reciting the Avoda
(Bowing as a Ratzo vShav)*



*Transforming
Tuma to Tahara*



Thanking HKB"H for the challenges... we can't shav /return in purity without the avoda / working through the fiery emotions...



Recognizing our imperfection are - by Divine Design - perfect B"H



Returning with the shining light of the face of the Kohain Gadol.



Receiving and emanating H's true light.



May we emulate our Creator according to the essence of the mida of Keter.



As we crown Hashem King, may rise in our Keter - becoming more like Him.



Ayn Od Milvado